

Barlborough NHS Treatment Centre Referral guide

(please also refer to your local CCG's referral guidelines)

How to refer

Online:	NHS e-Referral Service
Telephone:	0333 200 4065
Fax:	01246 575093
Post:	Barlborough NHS Treatment Centre, 2 Lindrick Way, Barlborough, Chesterfield S43 4XE

Information on our range of procedures is available online at:
www.barlboroughtreatmentcentre.nhs.uk/information-referrers

Useful information

Contact details

If you have an enquiry about the treatment centre, a referral or a specific patient please use the numbers below to contact the relevant department:

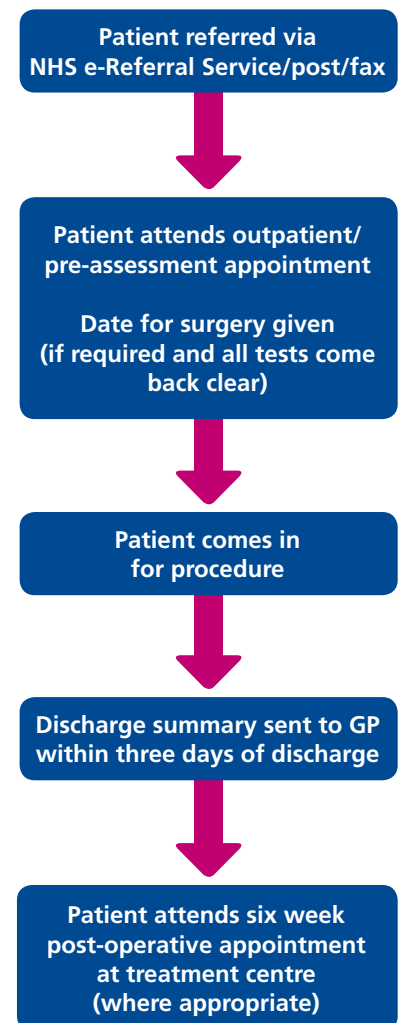
Reception:	0333 200 4066
Patient Booking Team:	01246 575000
Administration Manager:	01246 575053
Outpatient Clinical Manager:	01246 573046
Ward Manager:	01246 575048
GP Liaison:	Rebecca Clarke, 07580 018956
Website:	www.barlboroughtreatmentcentre.nhs.uk

The Quality Accounts for Care UK treatment centres are available at careukhealthcare.com

- Short waiting times with 8-10 weeks from referral to treatment
- 98% of patients would recommend the treatment centre to a friend or family member.*

Barlborough NHS Treatment Centre offers free parking. Inpatients have access to a telephone and free WiFi.

Patient journey



Please refer to the NHS e-Referral Service for our current outreach pre-assessment clinics (listed under Care UK Barlborough).

Procedures performed

(for a full listing see our Directory of Services online at www.barlboroughtreatmentcentre.nhs.uk)

Adult Orthopaedics	
Foot and ankle	Achilles tendon decompression, ankle arthrodesis, ankle ligament reconstruction, bunionectomy, fusions, ganglions, hammer and claw toes, morton's neuroma, osteotomy, plantar fasciectomy, scar tissue removal, skin lesion excision, tarsal tunnel release, tendon repair and lengthening, tenotomy, toe amputation, flat foot correction
Hand and wrist	Carpal tunnel release, Dupuytren's contracture release, elbow arthroscopy, ganglions, peripheral nerve repair, tennis and golfer's elbow, trapeziectomy, trigger finger release, ulnar nerve release, velocity study
Hip	Primary hip replacement, hip revisions
Knee	Primary knee replacement, ACL repair, knee arthroscopy, knee revisions, lateral release, patellar resurfacing, uni knee replacement
Lumbar spine	Decompression, discectomy, epidural/therapeutic pain injections, laminectomy, revisional decompression, revisional discectomy, revisional laminectomy, discography
Shoulder and elbow	Injection of therapeutic substance to joint/aspiration of joint and arthroscopy of shoulder, manipulation of joint, release of contracture of shoulder joint/ debridement of muscle, repair of rotator cuff/stabilisation of joint, shoulder replacement, subacromial decompression, tenotomy

Exclusion criteria

Patients within the following categories are not suitable for treatment at Care UK:

- Under 18 years of age
- BMI over 40
- Infected joint revision from another provider
- Acute myocardial infarction within the last 6 months and/or had a cardiac arrest within the last 6 months and/or has undergone heart surgery within the last 6 months
- Unstable chronic conditions eg angina, ischaemic heart disease, diabetes, chronic obstructive pulmonary disease, asthma
- Severe sleep apnoea
- Haemophilia, sickle cell anaemia, thrombocytopenia (<80 x 10⁹/l) thalassemia
- Renal failure requiring dialysis, CKD stage 4
- Chronic conditions that require immediate post-operative ICU monitoring
- Patient has a history of malignant hyperthermia
- Implanted pacemaker with defibrillating function
- Cancer treatment within the last 6 months
- CVA (including TIA) within the last 6 months

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